

Parkland Medical Center

ONE PARKLAND DRIVE, DERRY, NH 03038 | 603-432-1500 | PARKLANDMEDICALCENTER.COM

AWARDS & ACCREDITATIONS

- The Joint Commission Accredited Hospital
- Joint Commission Gold Seal of Approval for Advanced Certification for Spine, Total Hip and Total Knee Replacement"
- The Joint Commission Top Performer on Key Quality Measures
- Accredited Chest Pain Center with Primary PCI
- Certified Stroke Center
- Urgent Care Association of America, Certified Urgent Care
- American Stroke Association's "Get with the Guidelines" Silver
- American Association of Cardiovascular and Pulmonary Rehabilitation – Cardiac Rehabilitation Accreditation
- American College of Surgeons, Commission on Cancer Accreditation with Commendation College of American Pathologists Laboratory Accreditation
- American College of Radiology, Accreditation (MRI, Nuclear Medicine, U/S, Mammography, CT)
- Greenhealth Partner for Change Award
- NICHE (Nurses Improving Care for Healthsystem Elders) Designated Hospital
- Leapfrog 'A' Hospital Patient Safety Grade

TO LEARN MORE ABOUT
OUR SERVICES, VISIT
PARKLANDMEDICALCENTER.COM
OR CALL 603-432-1500.

CARDIOVASCULAR SERVICES

Staffed by cardiologists from the New England Heart & Vascular Institute, nationally recognized center of excellence in thediagnosis and therapeutic management of cardiovascular disease.

- Multidisciplinary Care Management
- · EKG, Holter, and event monitoring
- · Ambulatory blood pressure monitoring
- Echocardiography
- Transesophaegeal echocardiography
- Cardiac CTA (Salem Radiology)
- Invasive Cardiology
- · Cardiac catheterization lab radial access
- · Stress testing
- · Device clinic
- Pacemaker and defibrillator interrogation and reprogramming
- Multi-phase cardiac rehabilitation
- · Outpatient cardiac consultation and follow-up

REFLECTIONS EATING DISORDERS TREATMENT CENTER

- Treatments: Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder, Avoidant Restricting
- · Food Intake Disorder
- · Available for ages 12+
- Two program offerings: Partial Hospitalization Program (12 hours a day/7 days a week) and an Intensive Outpatient Program (3 hours a day)
- Focus on group therapy, meal preparation, and meal intake

24/7 EMERGENCY SERVICES

· Level 3 Trauma Center

Parkland Medical Center is an acute care hospital located in Derry, NH, and is part of HCA, the nation's largest provider of healthcare services. Established in 1983,

Parkland Medical Center has become a leader in providing high-quality healthcare

services to its patients.

- · Accredited Chest Pain Center
- · Certified Stroke Center
- · Level 4 Pediatrics Trauma Center
- Board-certified ER physicians
- Average ER wait times available on parklandmedicalcenter.com and via texting "ER" to 32222. Message & data rates may apply. Terms & Conditions: http://www. texterhelp.com

BEHAVIORAL HEALTH SERVICES

- Voluntary inpatient care for 18 years and older
- Treatment of anxiety, depression, mood disorders and/or psychosis
- Treatment of co-occurring substance dependence
- Private and semi-private rooms
- Psychiatry, psychology, nursing, social work, and expressive therapies
- Medication management
- Outpatient Services: structured program support and group therapy for adults

LAHEY ONCOLOGY & HEMATOLOGY AT PARKLAND MEDICAL CENTER

- Staffed by specialists from Lahey Hospital & Medical Center
- Board-certified and fellowship trained specialists
- Multidisciplinary care: certified oncology nurses, social worker, nurse navigator, clinical trials nurse, tumor registrar, on-site pharmacy, and lab services
- Offices in Derry and Salem
- · Nutrition and rehabilitation services
- Reiki and massage therapy
- · Individualized treatment planning
- · Infusion therapy services
- Phase III clinical trials
- Genetic screening
- · Support groups and educational classes

LAHEY COMPREHENSIVE BREAST HEALTH CENTER AT PARKLAND MEDICAL CENTER

- · Board-certified and fellowship-trained
- · Lahey Hospital & Medical Center breast surgeon
- Mammography / Breast Ultrasound / Breast MRI
- · Minimally invasive breast biopsies
- · Treatment for benign and malignant breast disease
- · Individualized risk assessment
- Breast health nurse navigator
- · Rehabilitation and lymphedema services
- · Integrative care services: Reiki therapy and massage

LAHEY INSTITUTE OF UROLOGY AT PARKLAND MEDICAL CENTER

- Staffed by specialists from Lahey Hospital & Medical Center
- · Board-certified and fellowship-trained specialists
- Advanced urology care for male and female incontinence, bladder dysfunction, vaginal prolapse, and pelvic floor reconstruction
- Minimally invasive approaches to treating urologic cancers including prostate, bladder, kidney, and ureteral tumors
- · Management of infertility and low testosterone
- Vasectomy
- · Treatment of complications from vaginal mesh
- Advanced care for pelvic floor disorders
- · Management of complex kidney and ureteral stone

TOTAL JOINT SERVICES

- · Dedicated and specialized OR staff
- Post-operative private rooms
- · Pre- and post-surgical education
- · Rehabilitation and support
- · Minimally invasive hip surgery
- · Anterior approach hip replacement
- Minimally invasive knee surgery
- · Knee replacement with customized implants

INTERVENTIONAL SPINE & PAIN CENTER

- Management of neck pain, back pain, and other painful skeletal and neurological disorders
- Laminectomy
- · Steroid injections
- · Anterior cervical discectomy and fusion
- Facet block
- Radiofrequency lesioning
- Nerve blocks
- · Spinal cord stimulator implants
- · Private rooms for post-operative recovery

SURGICAL SERVICES

- Advanced laparoscopic
- · Minimally invasive
- Robotic
- General
- · Endoscopy and GI
- Breast
- Colorectal
- · Ears, nose, and throat
- · Gynecological
- Orthopedics
- Spine
- Vascular
- Urological

REHABILITATION SERVICES

- · Inpatient and outpatient rehabilitation
- · Physical, occupational, and speech therapy
- Swallow therapy
- · Certified lymphedema therapists
- · Orthopedic and sports medicine specialists
- · Pediatric therapy
- · Pre- and post-mastectomy program
- · Pelvic floor specialists
- Infant torticollis
- · Neurological treatment
- Back on Pointe specialty program for dancers, gymnasts, and cheerleaders

WOMEN'S & CHILDREN'S SERVICES

- Maternal child and pediatric specialty skilled and certified nurses
- · Board-certified physicians

WOMEN'S HEALTH

- · Inpatient gynecological care in private suites
- Family Birthing Center private family suites for labor care, birth, and postpartum
- · Newborn nursery care with Level 1 extended care
- · Obstetrical operating room supports
- · Cesarean birth needs
- Childbirth education and support program preparing for birth, newborn care, breastfeeding, CPR, infant massage
- Lactation consultants / breastfeeding support
- · Infant security system

PEDIATRIC CARE

- · Private rooms for pediatric patients
- · Pediatric asthma consults / asthma education program

WOUND CARE & HYPERBARIC MEDICINE

- · Healogics Center of Distinction Award
- Multidisciplinary team of wound care specialists: surgeons, infectious disease physicians, podiatrists, wound care nurses, and certified hyperbaric technicians
- · Hyperbaric chambers
- Advanced treatment modalities such as total contact casting and bioengineered tissue

DIAGNOSTIC IMAGING SERVICES

- Mammography
- · Breast biopsies
- Interventional radiology
- MRI
- PET
- CT
- Diagnostic X-ray
- Nuclear medicine
- Ultrasound

LABORATORY SERVICES

- Full-service laboratory including chemistry, hematology, blood bank, and microbiology
- · Outpatient blood draw station on Parkland
- Medical Center campus: Mon-Fri, 7AM-5PM; Sat, 7:30AM-12PM
- Additional draw stations open Mon-Fri at 31 Stiles Road, Salem, NH and 49 Atwood Road, Pelham, NH